THIS WEEK . . . WEEK 10
Wed 17/9:  Kinder 2015 Orientation Day 9.30am - this is the first session with three more in Term 4
Touch Football Gala Day for students in Yrs 3-6
Thu 18/9:  School performance: “Stamp out Bullying” at 2.00pm - Cost is $5.00
Fri19/9:  Thailand Day – Gold coin donation
Dance2bfit
Last day of Term 3

TERM FOUR - WEEK 1
Mon 6/10:  Labour Day - Public Holiday
Tue 7/10:  All students K-6 return for Term 4
Wed 8/10 to Fri 10/10: Raw Art Workshops
Fri 10/10:  Dance2bfit (make up day from Term 3)

WEEK 2
Mon 13/10-15/10: Stage 2 Aussie Bush Camp excursion
Wed 15/10:  P&C meeting at 9.15am
Fri 17/10:  Primary Sport begins – Swimming at Swansea Pool (6 week program)

Canteen is closed on Tuesdays

Dear Parents/Caregivers
Happy holidays to everyone. I will be on leave for the first 4 weeks of Term 4 and while I am away Mrs Stewart will be Principal. Mr Brown, currently on Mrs Stewart’s class as an intern, will continue to be on 4/3S as a full time beginning teacher.

Technology Give Away
With the purchase of 25 Think pads this year that have all gone into classrooms, we have taken many old computers off our system. There is now an opportunity for any parent or student who wish to have one of these computers to come along and choose one. All items are free! Any remaining computers will be disposed of through a local recycling service.

Lost Property
Please come along and search for lost items before the end of the term. Remaining items will be washed and placed into our uniform pool.

Stamp Out Bullying
This performance will be held on Thursday 18 September. A payment of $5.00 needs to be returned to school, with the permission note, as soon as possible.

Spectacular
If you borrowed, or was given, a costume to wear for the Spectacular, could you please return it to the school as soon as possible.

Enrol Now for Kindy 2015
It’s that time of the year when we ask that parents begin the enrolment process for 2015 Kindergarten. Students must turn 5 before the 31 July 2015 to be eligible for enrolment and parents need to provide birth certificate, immunisation and proof of residency details. Please come to the school Office and we will help you enrol your child for 2015 at Swansea Public School.

Champion Class - 1K/B

KN - Toby Peacock
1KB - Shayla McKeown
2A – Lily Knox
2/1P – Nick McMurrugh

FOR SALE
One table tennis table of excellent quality. Never been used, still in the box. $150. Please contact the school.

Library News
Thank you for a wonderful Term 3. Keep up the great work through the holidays.
Keep reading!
N.Henry - Teacher/Librarian

Badalya Hut

Canteen Roster

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<tbody>
<tr>
<td>Wed 17/9</td>
<td>Rosemary</td>
<td>Thu 18/9</td>
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<td>Fri 19/9</td>
<td>CLOSED</td>
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The canteen is now selling cereal for $2.00 including milk. The canteen will be closed on the last day of school.

Canteen is closed every Tuesday

Due to enrolled children’s life threatening Anaphylactic allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts.

Quality Teaching … Excellent Facilities … Enriching Programs
ACCOUNTING BOOKKEEPER
BOOKS BAS & TAX
will sort your:
deptor and creditor accounts, invoicing, bank reconciliations, IAS/BAS preparation and lodgement and chase up debtors
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Weekly, fortnightly or monthly Great rates – fully insured
Registered BAS Agent Local references available
Ph: Kate Sinclair on 0418 612 806

DYSLEXIA OR LEARNING.Difficulties?
Some children experience reading and learning difficulties as a result of visual perception problems caused by Irlen Syndrome/Scotopic Sensitivity
Irlen Syndrome can cause dyslexia and difficulties with:
• Reading
• Comprehension
• Fatigue
• Spelling
• Concentration
• Eye Strain
• Ball Sports
• Writing
• Headaches

Dyslexia and difficulties with:

IRLEN DIAGNOSTIC CLINIC
Suite 3/136 Nelson Street
Wallsend 2287
Phone 49 556904

Taree: 6551 3332
Coffs Harbour: 0437 698 959
Singleton: 4955 604

Regional Clinics
Taree: 6551 3332
Coffs Harbour: 0437 698 959
Singleton: 4955 604

www.irlendyslexia.com

LONG WEEKEND CELEBRATION
ENJOY MUSIC FROM MASTERCLASS & LIVE BROADCAST BY LAKE MACQUARIE FM
LAUGH AND PLAY ON THE JUMPING CASTLE & HAVE YOUR FACE PAINTED
SHARE & EAT A GREAT RANGE OF DELICIOUS FOOD
RELAX IN OUR CHILL OUT ZONE
SHOP AT A LARGE RANGE OF UNIQUE MARKET STALLS

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SUNDAY 5TH OCTOBER
SALT WATER MARKET
HOSTED BY SWANSEA PUBLIC SCHOOL,
RAWSON & CHANNEL STS, SWANSEA

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SPECIAL GUEST APPEARANCE BY
“IRON MAN”

Call The Mermaids 02 4972 0506 saltwatermarket@hotmail.com www.facebook.com/refreshingexperience www.saltwatermarket.com.au

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The simplest way
...to inspire a healthy breakfast

A healthy breakfast improves energy levels, alertness and concentration. It’s also a good way to get a serve of fruit + veg in.

Here are some quick winter warming breakfast ideas:
• Sliced bananas or avocado make a yummy addition to toast
• Chop and add left-over vegies to an omelette or savoury pancake
• Add fresh or canned fruit to porridge
• Top a wholemeal muffin with cooked tomato, mushrooms, baked beans or creamed corn

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

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www.irlendyslexia.com
The simplest way

to understand UV radiation!

Did you know?
- UV is not linked to the temperature and can be high even on cool and cloudy days.
- Too much UV from the sun can cause sunburn, skin damage, eye damage and skin cancer.

Here are our 2 top tips for you!

- Use the SunSmart App
  - To find the daily UV level for your area and recommended sun protection times. The app also has a sunscreen calculator to find out if you’re using enough sunscreen.

- When the UV level is 3 or above – Protect your skin in 5 ways. Slip, slop, slap, seek and slide.

For more information visit
www.eattobeatit.com.au
or join us at facebook.com/eattobeatit