18 November 2014

THIS WEEK . . . WEEK 7
Tue 18/11: Active After School Sport, 3-6 Basketball, 3-4pm
Thu 20/11: Active After School Sport, K-2 Taekwondo, 3-4pm
Fri 21/11: Primary Swimming at Swansea Pool 10-11am
Picnic in the playground for Kindy 2015 – 10am

NEXT WEEK . . . WEEK 8
Tue 25/11: Active After School Sport, 3-6 Basketball, 3-4pm
School Disco K-2 5.30-7pm, Yrs 3-6 7-9pm,
Thu 27/11: Active After School Sport, K-2 Taekwondo, 3-4pm
Head lice inspection

WEEK 9
Mon 1/12: Swansea Retirement Village visit K-2
Wed 3/12: Year 6 Farewell – Belmont Golf Club 5.30pm
Thu 4/12: Hello High School – Year 6 Students
Kinder Orientation 9.30-10.30am

WEEK 10
Tue 9/12: Pensioners Hall visit 10.30am
Wed 10/12: Gold Morning Tea
Thu 11/12: Rewards Day
Fri 12/12: Presentation Day
Reports go home

WEEK 11
Mon 15/12: Pool Party Yrs 3-6
Water Activities K-2
Wed 17/12: Last Day for Students
Thu 18/12: Staff Development Day
Fri 19/12: Staff Development Day

Canteen is closed on Tuesdays

Dear Parents/Caregivers

Mini Awards and Gold, Silver and Bronze
Friday 28 November is the last day that we will accept Mini Awards for the 2014 school year. Mini Awards given out from the 1 December 2014 will go towards the 2015 awards.

This allows the school to finalise our Australia Awards as well as our Bronze, Silver and Gold Awards and to then organise our Rewards Day, the Gold Award morning tea and the relevant sections of our annual Presentation Day.

Head Lice Inspection: Thursday 27 November
Yes! It’s here again - our head lice inspection. I have been hearing a number of reports from parents about the efforts that they have been using in order to stop head lice infecting their children. This inspection is one way the school can help. If you let us know when an outbreak happens then the school can also get a note out to the parents and caregivers of your child’s class and this will alert all parents and caregivers to increase their vigilance in the checking of hair.

This inspection will be happening on Thursday 27 November. I have taken advice from Hunter Area Health and follow the guidelines that are recommended by this organisation.

Please write a short letter to me if you do NOT want your child’s hair checked on this day. You can mark this letter “confidential” if you wish.

Parents/caregivers of students who present with head lice on Thursday 27 November will be contacted on the day. Students will need to go home and have their hair treated with the appropriate medication. They can then return to school on this day if the treatment has commenced.

Hats at school
Thank you to our parents and caregivers - we have seen more students wearing their school hats in the last week. Your help in this area has helped all our teachers focus on the message of safe play in the sun.

Reminder: Classes and Planning for 2015
At this time of the school year we are making our plans for the following school year, including classes, programs and initiatives.

To assist the school with this planning process, could I please suggest the following:

- Please let the school know if you have intentions of placing your child in a new school for the 2015 school year;
- If you would like to discuss with me your child’s class for 2015. I can discuss this matter with you over the phone or a face to face discussion.

Your help in this would be greatly appreciated.

Library News

PRC Challenge
Well done to Year 2 students. Off to a great start! It’s an exciting and rewarding program and it’s wonderful to have so many students involved and challenging themselves. Remember, PRC books can be signed off in the Library on Mondays, Wednesdays, Thursdays and Fridays from 9.00-9.30am. A big thank you to Mrs Clack who continues to volunteer on these mornings, allowing more children to read and build their PRC lists.

*Pippin Update* - The excitement around the arrival of our own special scout elf, Pippin, is palpable. In his first week back he has witnessed some wonderful behaviour and I’m sure Santa has been happy to hear all the good news. Letters can be written to Pippin or Santa. They can be placed in the Pippin letterbox, in the Library. Pippin carries them back to the North Pole each night.

Library Monitor Christmas Party - Our hard working and dedicated Library Monitors will enjoy a Christmas Party at lunch time, in the Library on 9 December. Pizza will be provided and Library Monitors are invited to bring along drinks and sweets to share. Our library would not work as smoothly without the time they volunteer each week.

Keep reading - N. Henry (Teacher-Librarian)

Quality Teaching ... Excellent Facilities ... Enriching Programs
Champion Class - KN

Class Champions – Week 6, Term 4

KN - Adrian Keene 1/KB - Nathan Davies
1T - Nina Porter 2/1P – Madison Bourke
2A – Lily Knox

Badalya Hut

Our Canteen needs volunteers. If you are able to volunteer, whether once a week or once a month, all help will be greatly appreciated. Please contact Debbie on 0448 890 996.

Canteen is closed every Tuesday

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Nutrition Snippet

The simplest way
...stay healthy over Summer.

Summertime = BBQ time in Australia.

Here are five ways to make your barbies as healthy and delicious as possible.

- Limit or avoid processed meat like sausages and bacon.
- Use lean cuts of meat.
- Make sure half your plate is filled with vegies.
- Cook vegies like eggplant, zucchini and capsicum straight on the bbq (or as part of the kebab in picture).
- Make a few salads to serve on the side.
- Freeze fruits like grapes and berries make a delicious treat for a dessert on a hot day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

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Nutrition Snippet

The simplest way
...to healthier afternoon snacks

Choose these simple, tasty + healthy snack ideas to give your kids an after-school energy boost.

- Swap full fat ice-cream for reduced-fat yogurt with fresh fruit pieces
- Swap a tin of fruit in syrup for a tin of fruit in natural juice
- Swap flavoured milk for a reduced-fat fruit smoothie (try bananas or frozen berries)
- Swap a chocolate muffin for a fruit muffin

For more information visit
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