Dear Parents/Caregivers

P&C Executive for 2014
At last week’s P&C meeting the following members were elected to the Executive of the P&C for 2014:
President: Kylie Stevens
Vice President: Toni Lundy
Secretary: Vicki Reid
Treasurer: Katherine Reid
Book Club: Yvonne Slattery
Uniform Shop: Mel Stokes
Fundraising events will be managed by all parents who are actively involved in the school’s P&C.

Thanks for Mad Hair Day
Thanks to all students and parents who supported our Mad Hair Day - your generosity was very much appreciated! More than $750 was raised to support the National fundraiser supporting blood cancers. It was a very moving experience to see Heather Peacock get her beautiful hair shaved off to help the cause. Ex-student Dimitri Rizk lost all his curls, as he supported the cause as well. Thank you to the Peacock-Rizk-Kurt clan.

Ethics Classes at Swansea Public School
Across New South Wales schools have been surveying parents to see if they would like an ethics class established at their school. Ethics classes complement the school, deposit or full payment. They include Scripture classes. The classes are of 30 minute duration each week with trained volunteers coordinating and delivering the program. Ethics classes encourage debate and respect for differing opinions and develop capabilities for thoughtful consideration of moral issues. Students are encouraged to learn skills in logical reasoning, critical thinking and the capacity to evaluate good and bad moral decisions. I have attached a standard Ethics Classes survey form to this newsletter. I ask that you complete this form, and return it to the school office by 28 March, if you are interested in choosing an Ethics Class for your child.

Library News
**NEWSFLASH**
Sean Riley of 4/3T has completed his 20 PRC books. Congratulations, Sean!
Nerelee Henry (Teacher-Librarian)

Easter Hat Parade – Friday 11 April
All students will be parading at the Easter Parade on Friday 11 April at 12.00 noon.
All students, Kindergarten 6, will be making their hats at school.
Parents, grandparents and friends are all invited to join us on this special day.

Due to enrolled children’s life threatening Anaphylactic allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts.

Quality Teaching … Excellent Facilities … Enriching Programs
HEALTHY LIFESTYLE: IDEAS FOR PARENTS AND CAREGIVERS

Turn off the TV or Computer and get active

✓ Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.

✓ On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run. When you hear “I’m bored” – think of something active to do.

✓ During the winter months, avoid allowing children to watch too much TV or play video games. Encourage active play, which builds social, mental and physical motor skills.

Why reduce Television time?

➢ studies have shown we use less energy watching TV than sitting still

➢ TV influences the food choice of kids – Australia has a high rate of food advertising during children’s viewing hours

➢ TV replaces time a child can be active and enjoy physical activity

➢ there is an association between TV watching and being overweight

➢ 40% of children 5–12 years report watching an average of two hours or more of television or videos a day.

Badalya Hut
Canteen Roster

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<thead>
<tr>
<th>Wed 19/3</th>
<th>Thu 20/3</th>
<th>Fri 21/3</th>
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<tbody>
<tr>
<td>Rosemary</td>
<td>Clay</td>
<td>Donna</td>
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<tr>
<td></td>
<td></td>
<td>Kath</td>
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<tr>
<td>Mon 24/3</td>
<td>Peggy</td>
<td>Leah</td>
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Canteen is closed every Tuesday

P & C ASSOCIATION

Easter Raffle - Friday, 11 April 2014

The P&C Association will be holding an Easter Raffle at the Easter Hat Parade on Friday, 11 April 2014.

We are now calling for donations and would be very grateful if students could bring with them to school an Easter egg for inclusion in the raffle. They will also receive a mini award from their teacher.

Raffle tickets will be go home next week.

Thank you - P&C Association